JUNIOR T

PROGRAM PROPOSAL · 2026–2027

Korea Academy & Tournament Program for Overseas Junior Golfers

Data-driven coaching plus Korean tournament starts that earn WAGR and JGS points. With a Seoul medical, shopping and culture program for accompanying parents.

Proposed by JUNIOR T (juniortgolf.com) · Director Jay Han (US PGA Class Member)

Short-term 1 or 2 weeks / Long-term 4, 8 or 12 weeks · Winter and Summer sessions

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OVERVIEW

Not a camp you just practice at and leave: a program that measures, competes and builds a record

JUNIOR T is a junior golf platform that has run junior tournaments, training camps and U.S. college placement consulting in Korea, the United States, Australia, China, Thailand, Singapore and Malaysia. This proposal is designed so that an overseas junior takes three things home from a stay in Korea.

01 ASSESS

Coaching that starts with data

A Play Assessment measures swing, short game, putting and fitness, and the change over the program is delivered as a report.

02 COMPETE

Korean tournament starts

We select WAGR and JGS ranked events held during the stay and handle entries, transport and on-site coaching.

03 FAMILY

Program for accompanying parents

While the player trains, parents can enjoy dermatology and medical care in Gangnam, shopping and Seoul sightseeing.

Program at a glance

	Winter Program	Summer Program
Core	Indoor lessons + assessment program	Assessment program + outdoor lessons (driving range, par-3) + indoor lessons
Venues	Indoor studio (launch monitor, swing analysis, putting lab)	Indoor studio + driving range + par-3 course + rounds on regulation courses
Tournaments	None; focus on training and assessment (verified by practice rounds)	Korean junior season; WAGR and JGS ranked events
Duration	Short-term 1 or 2 weeks / Long-term 4, 8 or 12 weeks (adjusted to the school calendar)	
Who	Junior golfers aged 9–18, individually or in groups of 4–12; parents welcome	
Language	Coaching in English and Korean, with an interpreter-coordinator in the player's language (Chinese and others)	

Every program begins with the guardian's name, relationship and contact details registered for each player; travel and lodging for minors follow a guardian consent procedure.

ASSESSMENT PROGRAM · PLAY ASSESSMENT

Coaching without measurement is a journey without a map

A junior's training time is limited. Adding practice volume without knowing the bottleneck sacrifices schoolwork and invites injury. JUNIOR T adapts the analysis system Director Jay Han has applied to U.S. and Australian national squads and tour players, so every lesson starts from measured data.

WHY 01

Numbers, not feel

Not "the swing looks better" but club speed up 2.3 mph, smash factor up 0.04. Parents see the same numbers.

WHY 02

Find the bottleneck first

Whether lost distance comes from the swing, the kinematic sequence or hip mobility can only be known by measuring. Different causes call for different training.

WHY 03

Play long, play injury-free

Spinal muscle imbalance and foot-pressure distribution are invisible until pain arrives. Growing players must be screened by measurement first.

What we measure

LAUNCH MONITOR · TRACKMAN

Ball and club data

Club speed, ball speed, smash factor, launch angle, spin rate, carry and total distance, club path and face angle, per-club yardages and miss patterns

3D VIDEO · V1

Swing sequence video

Face-on and down-the-line high-speed video, eight-position analysis from address to finish, axis shift, head movement and club plane

KINEMATIC SEQUENCE · K-MOTION

Kinematic sequence

Rotation order and peak speeds from pelvis to torso, arms and club, and energy-transfer efficiency: the root cause of distance and consistency

PUTTING · SAM PUTTLAB

Putting performance

Face angle at address and impact, putter path, rotation impact zone, impact spot, backswing and impact tempo, consistency rating

SURFACE EMG

Spine and surface EMG

Static and dynamic tension and left-right balance of the muscles around the spine; identifies overloaded muscles and injury-risk areas during the swing

GAIT · FOOT PRESSURE

Gait and foot pressure

Gait analysis, left-right foot-pressure distribution and weight-shift pattern during the swing; shows lower-body balance and use of ground reaction force

PHYSICAL

Fitness and mobility

Strength, core stability, hip and thoracic mobility, flexibility, baseline numbers for swing-speed training, growth-stage check

SHORT GAME · ON COURSE

Short game and on-course data

Distance control at 30, 50 and 70 m, bunker and chip success rates, round stats (GIR, up-and-down, putts) and course-management decisions

ASSESSMENT PROGRAM · PROCESS AND REPORT

Measure, track and report

STEP 1

Assessment

About 90 minutes. After all items are measured, the results are reviewed and training priorities for the stay are set.

STEP 2

Tracking during training

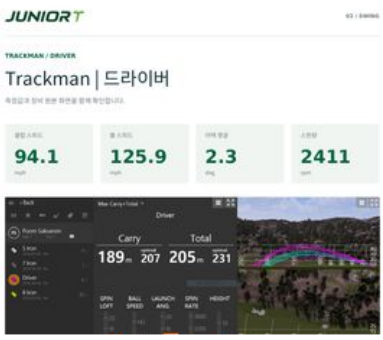
Launch-monitor and video data from every lesson are logged to steer the training.

STEP 3

Report

Results and the change over the training period are compiled into a report and delivered with a parent consultation.

Sample pages from an actual Play Assessment report



Trackman · driver ball and club data



V1 · swing sequence video analysis



K-Motion · kinematic sequence



SAM PuttLab · putting performance



Spine · surface EMG analysis



Gait · foot-pressure analysis

REPORT

What the report contains

Measured values and grades, comparison charts of the change, coach comments, next-step training tasks, and where the player stands from a U.S. college recruiting perspective. An English summary is included so it can be shared with the home coach.

WINTER PROGRAM

Indoor lessons + assessment program

Winter is the best time to rebuild a swing. Free of weather variables, technique is corrected indoors on the basis of data, and fitness and short-game routines are built for the season.

MEASUREMENT

Assessment program

- Launch-monitor distance, trajectory and spin by club
- 3D swing analysis and biomechanics check (mobility, balance)
- Putting stroke analysis and short-game distance-control test
- Fitness testing (strength, flexibility, core) and injury-risk screening
- Results and progress delivered as a report

INDOOR LESSON

Indoor lessons

- 1:1 or 1:2 technical lessons (five per week)
- Data-based swing correction with video feedback
- Putting lab and indoor short-game zone
- Functional training (injury prevention, swing speed)
- Course management and mental session (weekly)

Sample week (winter, 1 week)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival, orientation Training plan	Swing review Indoor lesson, putting lab	Indoor lesson Functional training	Indoor lesson Short-game zone, mental	Indoor lesson Simulator round check	Practice round (simulator or course)	Report, parent meeting Departure

Programs of two weeks or longer include a round on a regulation course in the middle week to verify indoor work. Assessment timing is set to fit each program; the winter program has no tournaments and focuses on technique and fitness.



WHY WINTER IN KOREA

Why train in Korea in winter

Seoul and its suburbs are dense with indoor studios equipped with launch monitors and 3D analysis, putting labs and fitness facilities, so a full day of training fits without travel time.

With no tournaments, it is the season when swing changes take hold best. The results carry into tournament starts in the summer program.

SUMMER PROGRAM

Assessment + outdoor lessons + indoor lessons

Summer is tournament season. The assessment confirms the current state, outdoor sessions on the driving range and par-3 course sharpen on-course skills, and Korean junior events deliver points and competitive experience.

MEASUREMENT

Assessment

Play Assessment plus pre-tournament course-strategy data (per-club yardages, miss patterns)

OUTDOOR

Outdoor lessons

Technical work on the driving range, short game and approach play on the par-3 course, course-management rounds on 18-hole courses

INDOOR

Indoor lessons

Indoor studio on rainy or extreme-heat days, putting lab, video review, functional training

Sample week (summer, 1 week)

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Arrival, orientation Yardage chart	Driving range Indoor analysis review	Par-3 short game Putting lab	Course round Course management	Tournament practice round Strategy meeting	Korean junior tournament On-site coaching	Tournament review, report Departure

Training environment









JUNIOR T selects and grades junior training venues in and around Seoul: driving ranges, short-game areas, par-3 and regulation courses. Lodging is within 30 minutes of the training venue, with a dedicated vehicle sized to the group.

KOREAN TOURNAMENTS

Compete during the stay, take home WAGR and JGS points

Korea holds junior tournaments throughout the year, many of which count toward the World Amateur Golf Ranking (WAGR) and Junior Golf Scoreboard (JGS). JUNIOR T runs a weekly-updated calendar of Korean amateur and junior events, and selects and manages entries that fit the player's stay, age and level.

WHAT WE DO

Tournament support

- A list of events playable during the stay, marked for ranking points
- Eligibility checks, entries and entry-fee handling
- Practice rounds, tournament-day transport, on-site coaching
- Score records, ranking confirmation, post-event review report
- Pre-check of overseas-player requirements (documents, guardian consent)

POINTS

About the rankings

WAGR: the World Amateur Golf Ranking. Finishing within the qualifying positions at a ranked event earns points. It is one of the first indicators U.S. college coaches look at.

JGS: a junior scoring database widely used in U.S. college recruiting. Once tournament scores are posted, a ranking and score history build up.

Whether an event counts and how points are allocated vary by event and year and depend on results. JUNIOR T selects and proposes ranked events but does not guarantee points.

Tournament plan by program length (summer program, example)

Length	Tournaments	Structure
1 week	1 event	Assessment + 3 lesson days + 1–2 tournament days
2 weeks	1–2 events	Assessment + 8 lesson days + 2–3 tournament days
4 weeks	2–3 events	Assessment + 16 lesson days + 4–6 tournament days + rest
8 or 12 weeks	4–6 events (including series)	Assessment; two-week lesson and tournament cycles with study-time blocks

Events are proposed from the current year's official calendars, including KGA junior events, KJGA, KYGA, the JGS Korea Series and the AJGA International Pathway Series held in Korea. The latest schedule is at juniortgolf.com.

FAMILY PROGRAM

While the child trains, parents enjoy Seoul

A junior program is judged by the family's experience too. Around the player's training timetable we arrange a separate medical, shopping and sightseeing schedule for parents, accompanied by a coordinator who speaks their language.

MEDICAL

Dermatology and medical care in Gangnam

In partnership with a Gangnam Station dermatology clinic experienced with international patients: skin diagnosis, laser, lifting and skincare programs by advance booking. Consultation in Chinese and English.

SHOPPING

Shopping program

Guided shopping in Gangnam, Apgujeong and Myeongdong, department-store VIP lounge bookings, golf equipment and apparel stores, tax-refund support.

CULTURE

Seoul sightseeing and culture

Half-day tours of palaces, the Han River and traditional markets, K-beauty experiences, Korean dining reservations. On weekends, a family round with the player or a trip outside the city.



Dermatology and medical care in Gangnam



Shopping in Gangnam and Apgujeong



Seoul palace and culture tour

HOW IT WORKS

A parent schedule built around the training timetable

Medical, shopping and tour activities during morning training, observation and coach meetings in the afternoon, tournament support and family rounds on weekends. Preferences are agreed in the pre-program consultation; bookings and transport are handled by the JUNIOR T coordinator.

Medical programs are decided individually after consultation with the clinic; treatment costs are paid directly to the clinic and are not part of the program fee. The parent schedule can be arranged freely.

DIRECTOR

Director Jay Han · US PGA Class Member



With 35 years of experience as a player and coach, he has coached tour professionals and juniors, and now focuses on roadmaps to U.S. college golf and the professional tours built on a balance of academics and golf. From July to September 2026 he led performance and data analysis for the Guangzhou junior team in China.

35 yrs	20+	7
playing and coaching	tour pros coached	placed in U.S. colleges

U.S. college roadmap · Biomechanics and data · Injury-prevention training · Short game and putting · English and Korean

CAREER

Career

- 2014–present Director, JHGI Tour Player Academy
- Jul–Sep 2026 Head of performance and data analysis, Guangzhou junior team, China
- 2017–2023 Director, USGA tournament preparation and Summer Elite Program
- 2016–2019 Technical adviser, Victoria state team, Australia
- 2014–2020 Head of data analysis, CJ corporate golf team
- 2007–2014 Director, AJGA Junior Academy, USA
- 2008–2012 Head coach, Gyeonggi-do women's golf team
- 1997–2000 Head professional, Ko'olau Golf Club, Hawaii

EDUCATION · ACTIVITY

Education and activity

- 1998 PGA of America Section Class Member
- 1994–1999 Master Teaching, San Diego Golf Academy graduate program
- 1988–1992 Business, University of Hawaii at Manoa
- 2026 Author, Golf: Answering Intention and Reaction
- 2018 Host, PGA Tour CJ Cup VIP clinic with Jason Day
- 2011–2017 Korea Golf Sports Science Society seminars; former president
- 2012 First AJGA junior coaching seminar held in Korea

DIRECTOR JAY HAN · IN THE FIELD

Experience built in the field with tour pros and juniors

From coaching and clinics with PGA Tour and Asian Tour players to the AJGA Junior Academy and technical advisory roles with Australian and Chinese teams: this is the coach overseas juniors meet in Korea.



With former world No. 1 Jason Day



PGA Tour CJ Cup VIP clinic



CJ Cup clinic: short-game demo with Jason Day



With PGA Tour player K.H. Lee



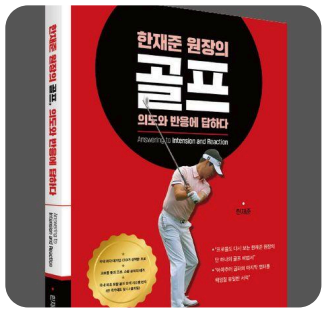
With two-time Asian Tour winner Rattanon Wannasrichan



With Asian Tour winner Sadom Kaewkanjana



With former KPGA player Damian Yi



Book: Golf, Answering Intention and Reaction (2026)

COACHING PHILOSOPHY

Maximum results within limited training time

Rather than sacrificing school or inviting injury with excessive practice, analysis equipment and biomechanical data diagnose the player's current state and technical bottlenecks objectively, so an efficient swing is built with minimal trial and error. A 1:1 plan based on each player's body structure and movement balance supports both grades and tournament results.

FOR OVERSEAS JUNIORS

Coaching tailored to overseas juniors

Coaching is delivered directly in English and Korean, with a coordinator in the player's language at every session. For players aiming at U.S. colleges, assessment results are read the way U.S. college coaches read them, and a next-step roadmap is proposed.

OPERATION · PROCESS

From enquiry to departure, one point of contact at JUNIOR T

INCLUDED

Included in the program

- Play Assessment with report
- Lessons (indoor and outdoor) and functional training during the stay
- Tournament selection, entries and on-site coaching
- Training venue and course bookings (green-fee coverage specified in the quotation)
- Lodging, vehicle, airport transfers, language coordinator
- Parent program planning and bookings
- Post-program video and data report plus one follow-up online session

NOT INCLUDED

Not included

- Airfare, travel insurance, visa fees
- Tournament entry fees (at cost), personal equipment
- Medical costs such as dermatology treatments (paid directly to the clinic)
- Shopping, personal meals, optional tours

Program fees are quoted separately according to length, group size, season and lodging grade.

Process

Step	What happens	Who
1. Enquiry	Preferred dates, group size, player ages and current level (scores, rankings)	Applicant
2. Proposal	Schedule, tournament list and quotation for the season and length (within 5 business days)	JUNIOR T
3. Pre-assessment	Online review of swing video and recent scores, online meeting with parents	Director Jay Han
4. Confirmation	Contract, guardian registration for each player, tournament entries, lodging and vehicle confirmed	Both
5. Program	Assessment, training, tournaments, report; weekly reports	JUNIOR T
6. Follow-up	Final report, follow-up online coaching, roadmap for the next season	JUNIOR T

JUNIOR T has run junior tournaments, training camps, exchange events and U.S. college placement consulting in Korea, the United States, Australia, China, Thailand, Singapore and Malaysia; its affiliate Golf T (golft.co.kr) supports lodging, vehicles and local operations.



CONTACT

JUNIOR T

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